



Prayer of A Child

J. Roger Greenwood introduces us to a way of praying as a little child.

Take the position of a little child, not a knowledgeable adult,
who is learning things for the first time...
and take whatever bothers you about God or God's ways,
life, yourself, etc ...
and bring it to the Gentle One ...
and ask God to show you all sides of it ...
and then just let things come to you in prayer

Block out nothing.

Let your thoughts flow on their own....

put your feelings into the hands of God
and then, with your imagination and memory
just let things happen

This is a very easy form of prayer because we are not working.

We are letting God work.

Many have thought of this as distraction,

but our life has to be part of our prayer.

Be willing to do this over a long period of time ... even months.

You might drift off in this prayer ... if so,

come back to your center merely by recalling your concern
and then let things happen again ...

Don't fashion the flow if something starts to happen;

let it unfold even if

it does not appear to have anything to do with prayer.